

# **Chemico-Biological Interactions**

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# Effects of pesticide mixtures in human and animal models: An update of the recent literature

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# Highlights

- Here we provide an update of our current knowledge on pesticide cocktail effects.
- 47% of the compiled studies reported an additive effect.
- 36% of the compiled studies described interactions between compounds.
- Pesticides interact in various ways but lead mainly to synergic effects.
- Mixture effects vary according to the dose and/or physiological target.

# **Abstract**

This review aims to provide an update on our current knowledge of the various effects of pesticide cocktails. We have collected data from studies conducted in mammalian models *in vitro* and *in vivo* that was published between 2000 and 2014. All ecotoxicological studies were voluntarily excluded. Cocktail effects were classified according to how they had been classified by each author. The frequency of the various cocktail effects and the classes and chemical families of pesticides involved in the observed effects were assessed. When focusing on the function of pesticides (i.e. herbicide, insecticide or fungicide), 46% of the mixtures contained insecticides alone, 15% fungicides alone, and 4.5% herbicides alone. Mixtures with effects associated with <u>neurotoxicity</u> were mainly composed of insecticides, and most studies on the effects of <u>fungicide</u> mixtures (90%) were associated with effects on endocrine regulation and/or reproduction. Dose addition was observed with each kind of mixture except herbicide combinations. In contrast, synergic interactions or greater-than-additive effects were mainly reported for

insecticide mixtures. There were few examples of potentiating and antagonistic interactions. We have identified chemical families of compounds specifically involved in synergy, addition, potentiation and antagonism, and those that do not interact when combined. The chemical families identified as being involved in synergy are in agreement with data from another recently published compilation of ecotoxicological studies. For most mixtures investigated, further validation data is still needed from experiments using other compounds and other experimental models but this update provides useful information to help in human health risk assessments.

# Introduction

There is increasing concern over the health effects associated with the use of pesticides for both agricultural and residential purposes. In recent years, several studies have reported the occurrence of pesticides in a variety of matrices, such as food, water, soil, outdoor and indoor air and house dust, meaning that both general and professional populations are often exposed to compounds from different sources [1], [2], [3], [4]. The effects of this combination of pesticides on human health need to be evaluated because the regulatory assessment of pesticide toxicity is currently only performed on selected single compounds.

One of the difficulties in assessing the effect of pesticide cocktails from the literature is the inconsistency of terms used to qualify these effects, which varies between authors. Therefore, we must first clarify that in this review we define the cocktail effects of chemical mixtures to be the result of two distinct situations: (i) where there is no direct interaction between compounds, which may or may not be associated with dose-dependent addition, and (ii) where there is an interaction between compounds.

Addition is used to describe situations whereby chemicals do not interact but act together to produce effects without enhancing or diminishing each other's actions [5]. Dose addition is the term usually applied to chemicals that exert their effects through the same target and have similar modes of action. For interacting compounds, the resulting toxicities can be synergic (higher than expected from the additive effect of the doses, greater-than-additive or supra-additive effects are also classed as synergic), antagonistic (lower than expected), or potentiating (when the effect of one compound is increased by another/others). When compounds do not interact and no dose addition is observed, the toxicity of the mixture is either null or equal to that of the most efficient product(s) in the mixture.

Other reviews have already collated information on different aspects of the effects of pesticide cocktails. Carpy et al. [6] examined the available data published between 1985 and 1998 regarding the health risk assessments of the residual concentrations of pesticide mixtures found in human food and drinking water. They reported that both synergy and antagonism occurred within the same organism depending on the organ or target, and that interactions between compounds did not appear to be a common event at these levels. In 2007, Kortenkamp et al. [5] published a review of studies that assessed endocrine disrupter (ED) mixtures in terms of additivity, antagonism or synergy. They concluded that combined effects occur even when all the individual mixture components are present at doses that are below those causing observable effects. To identify the greatest synergic effects of pesticide mixtures, Boobis et al. conducted a critical analysis of the literature from 1990 to 2008 on low-dose synergic effects of mixtures composed of a variety of chemicals (toluene, hydroquinone, pesticides, xylene) [7]. They defined synergy as a mixture response that significantly exceeds that predicted by a non-interaction model. Their search identified 90 studies that in total reported the effects of combinations of 204 different chemicals in mammals. Six of these studies provided useful quantitative estimates of synergy, and from these the authors concluded that the magnitude of synergy at low doses varied from 1.5 to 3.5. From a number of other positive studies, they concluded that the occurrence of synergy was dose-dependent and was observed only at higher doses.

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In another review, Hernandez et al. [8] assessed a number of toxicological interactions in pesticide mixtures at the molecular level and their relevance to human health. They reported several examples of cocktail effects, such as the potentiation of the toxicity of some pesticides by others (e.g. malathion by isomalathion, pyrethroids (PYRs) by anticholinesterase insecticides, organophosphorous (OP) by organochlorine (OC), carbaryl by OP, and OP by triazines (TRIAs)), the synergy between PYR and carbamate (CARB) compounds, and the antagonism between TRIA herbicides and prochloraz.

Very recently, Cedergreen [9] published a very interesting review of ecotoxicological studies that aimed to identify groups of chemicals that are overrepresented in synergic mixtures and define the molecular mechanisms underlying the observed synergy. Three groups of chemicals were studied, including pesticides, and synergic mixtures were defined as those with a minimum 2-fold difference between the observed and predicted effect of the individual concentrations, using the concentration addition model (CA) as a reference model and including lethal and sub-lethal endpoints. Synergy occurred in 7% of the 136 binary pesticide mixtures, which included mainly cholinesterase inhibitors or azole (AZ) fungicides, both of which are known to interfere with the metabolic degradation of other xenobiotics.

In the present review we provide an update of the recent literature on the impact of pesticide mixtures. We compiled 78 studies published between 2000 and 2014 that were conducted in mammalian model systems (both in vitro and in vivo). Ecotoxicological data were excluded although ecotoxicology and mammalian toxicity are linked to each other. From these studies, we identified those which had experimentally assessed the associated effects of simultaneous exposure to a combination of two or more pesticides and which had clearly reported the joint toxic effects of the pesticide mixtures. The cocktail effects were grouped into five classes according to the classifications made by the authors of the studies without recalculation of their results: (i) Addition, when authors clearly reported dose addition or additive effects; (ii) Synergy, when terms such as "synergistic effects", "greater-than-additive effects", or "supra-additive" were used; (iii) Antagonism, when antagonistic interactions or less-than-additive effects were reported; (iv) Potentiating interactions, when potentiation or potentiating effects were reported; or (v) No interaction, when authors reported that the cocktail effects did not exceed those of the individual compounds. Studies were not included if authors did not clearly state a dose additive effect, if they did not characterize the mixture effects as "cooperative" or "positive", if the minimum information needed to make an assessment was lacking, or if the term "cumulative" was used (the excluded studies are presented on Table 6 as additional data). Moreover, we also assessed the various observed effects in terms of the function and chemical family of the constituent pesticides in the mixtures. The experimental model used in each case was also taken into account (i.e. whether the study was conducted in vivo, or in vitro using cultured animal or human cells) in order to assess the utility of such studies for projecting their results to effects on human health.

# Section snippets

# Study identification

An electronic search using the term "pesticides mixture" was initially performed to obtain a list of relevant articles from PubMed (www.ncbi.nlm.nih.gov¬). This was supplemented by further searches using various combinations of the following keywords: fungicide, herbicide, insecticide, exposure, combined toxicity, combination, cocktail, cell line model, *in vivo*, *in vitro*, animal model, pesticide model, using the AND operating term to complete the search. When only abstracts were available on

### Results and discussion

As explained above in the section 2.2 and in the introduction, 24 studies were excluded and the various remaining 54 studies were classified as shown in Table 2, according to four distinct physiological targets and the type or function of the pesticides assessed in the mixtures: insecticides (I), herbicides (H), fungicides (F), I+H, I+F, F+H, or I+F+H. From a general perspective, insecticide mixtures were the compounds most frequently evaluated in combination. Forty-six percent of the assessed

### General discussion

The aim of this study was to update our knowledge on the effects of pesticide mixtures by compiling studies performed in animal and human models. Taken together, our findings indicate that when combined, pesticides interact in various ways, mainly in a dose additive or synergic manner. Moreover, from our study it appears that the effect of each mixture varies according to the compound itself, the dose and the physiological target within the cell or body [23], [45]. Overall, it seems that some

# Conclusion

Studying the impact of pesticide mixtures is of great interest to human health risk assessment processes since everyone can potentially be exposed to various cocktails of these compounds through food intake or occupational exposure. Pesticides can interact in various manners, according to the compound itself and its chemical family, the dose and the targeted parameters, and these variables can therefore lead to various effects. However, we have identified chemical families that appear to be

# Acknowledgements

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